



SHIFT HAPPENS: 3 STEPS TO CHOOSING COURAGE IN UNCERTAIN TIMES

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THIS WORKSHOP IS PERFECT FOR YOU IF...

1. You have identified a risk you want/need to take, but you don't know where to start.
2. You allow the fear related to a risk/challenge to stop you from taking action.
3. You just want to learn more about courage.

MY GOAL FOR YOU IS TO ...

- Know how to define courageous action
- Know how to strengthen your purpose for courageous action
- Know how to identify what competencies you need to grow your confidence and better position yourself to choose courage
- Get specific help, answers and advice on your courage- and risk-related questions during Q&A at the end.

HOW TO GET THE MOST OUT OF THIS WEBINAR ...

- Take notes
- Use chat feature to ask questions
- Take screenshots
- Giveaway alert

WHY COURAGE?

FEARLESSNESS

BRAVERY

BOLDNESS

“

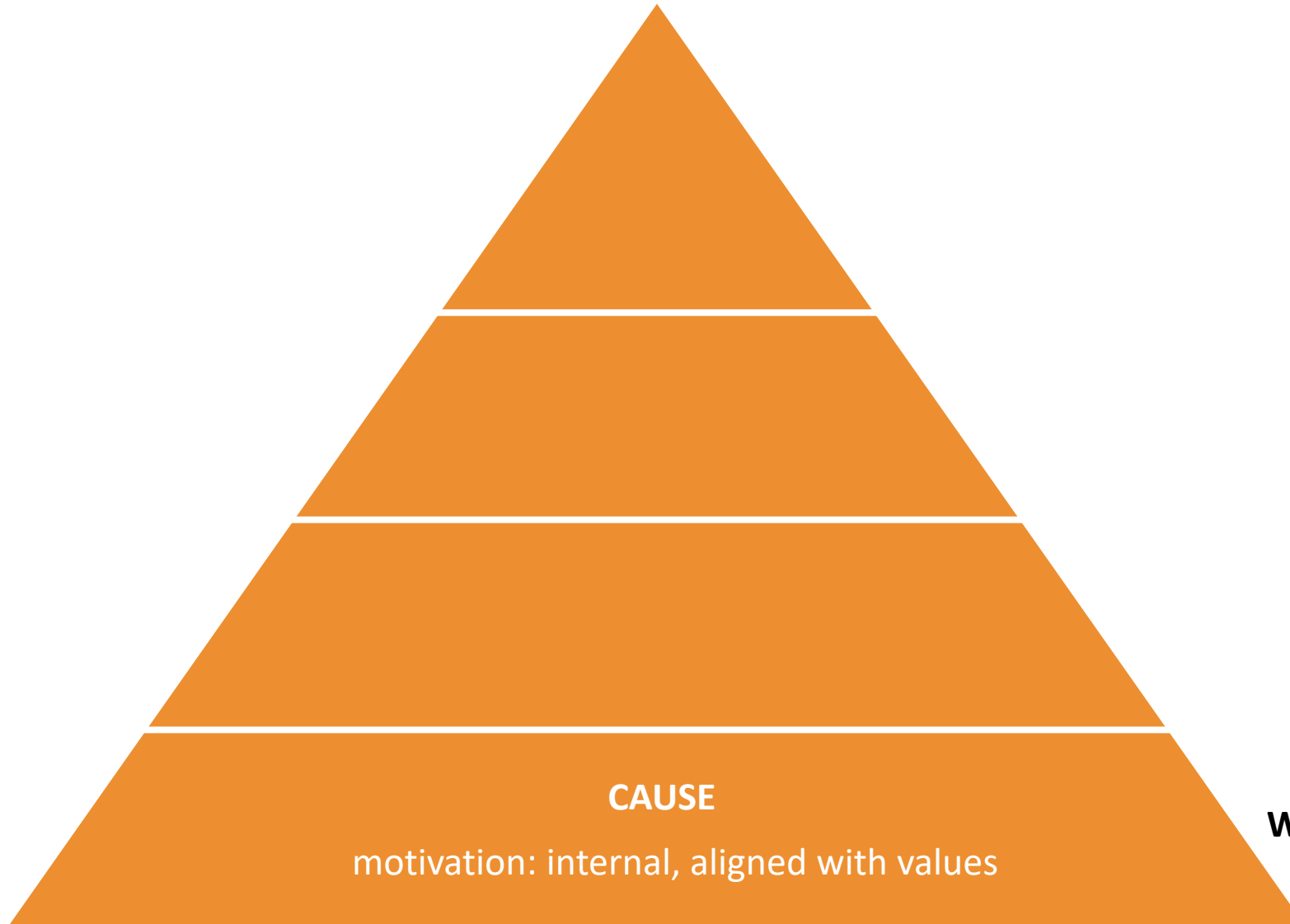
**COURAGE IS A CHOICE
TO FACE A THREAT FOR
A WORTHY PURPOSE.**

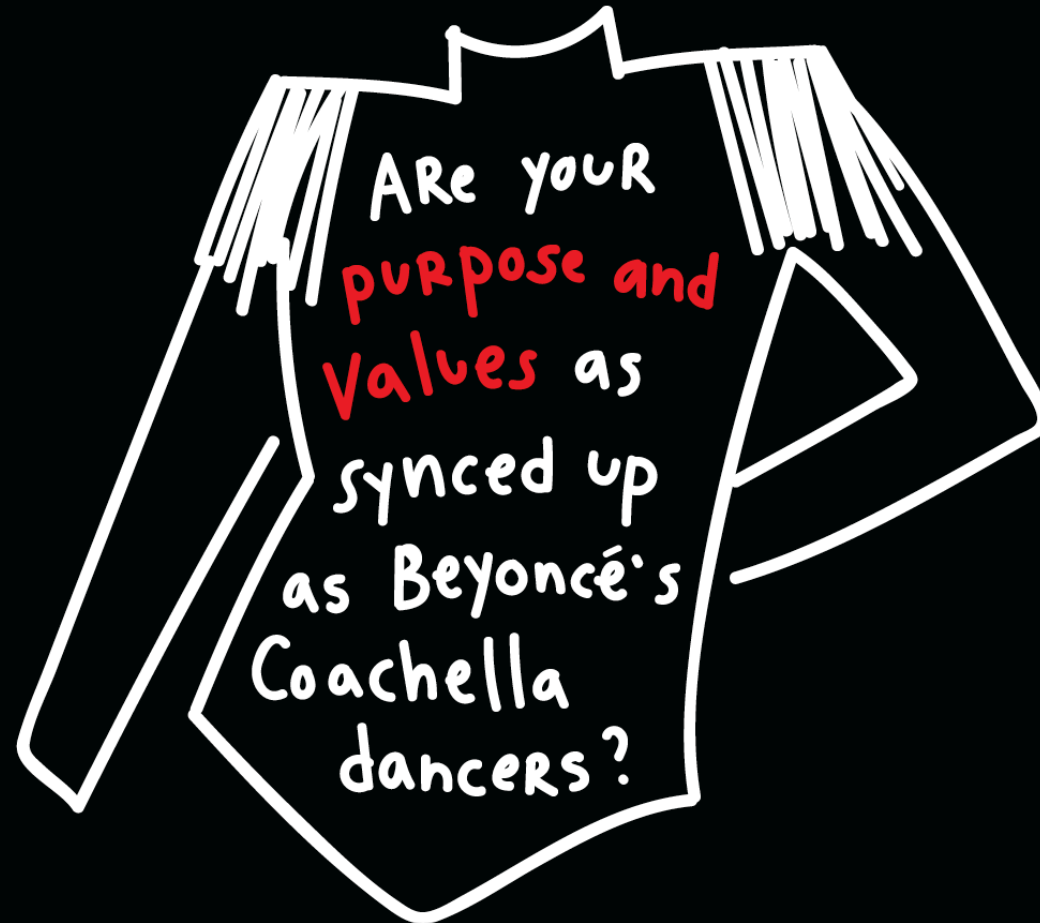
WHY CAN CALLING UP YOUR COURAGE BE DIFFICULT?

1. Because it is hard to understand
2. Because the process is uncomfortable
3. Because it can be difficult to deal with undesirable outcomes

COMPETENCE
CONFIDENCE
CAUSE







ARE youR
purpose and
values as
synced up
as Beyoncé's
Coachella
dancers?

BRENDA

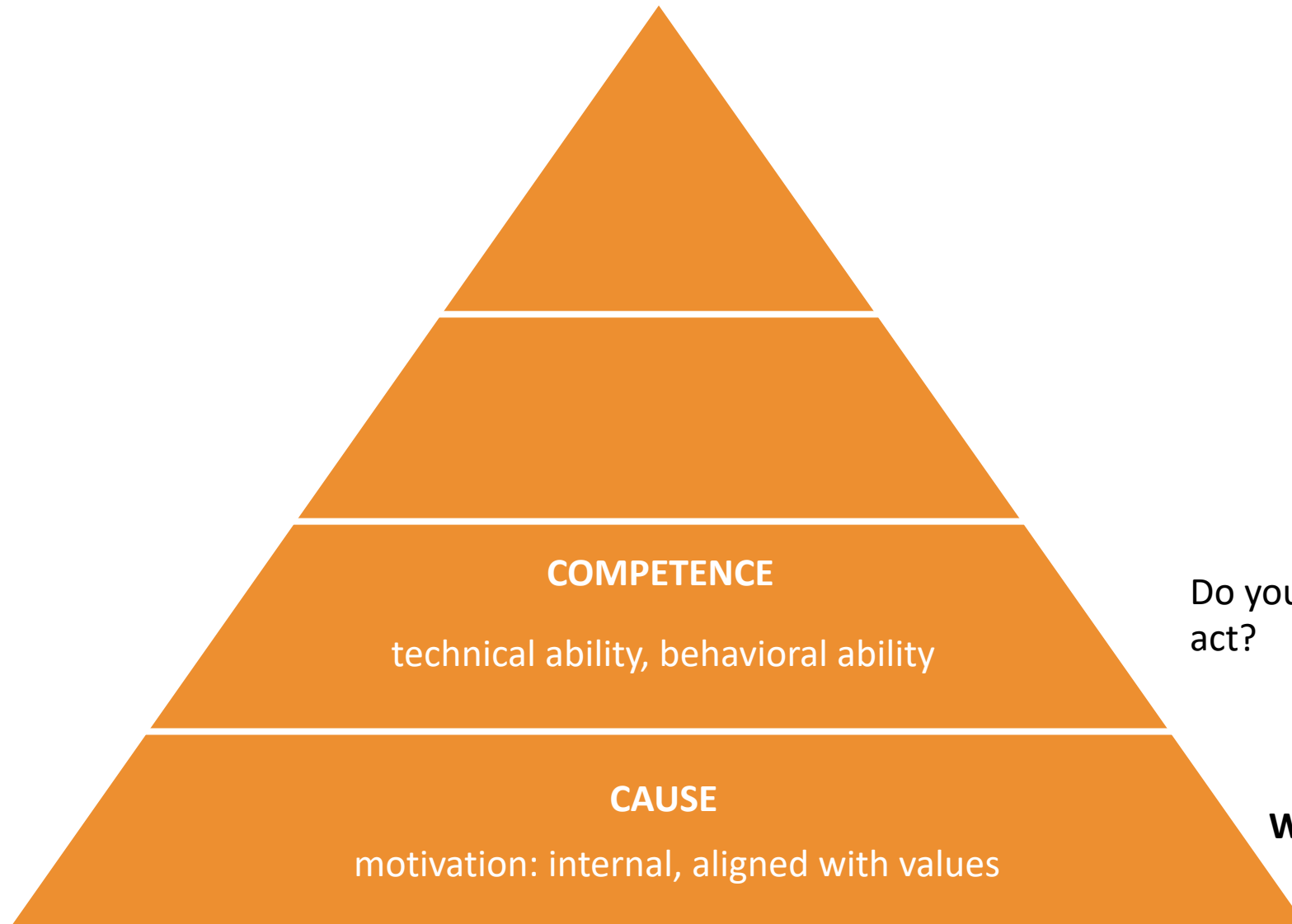
“I want to confront my boss about being expected to work 24/7 since we’re working from home, but I’m concerned about the backlash if I was to say something.”

BERNIE SANDERS

“But Sanders was insistent that any distinctions that were drawn not come at the expense of the personal relationship between the two men, one built while they were colleagues in the Senate. It is a decision Sanders does not regret.

Source: CNN - April 15, 2020

WWW.CANDACEDOBY.COM/VALUES



Do you have the **ability** to act?

Why do you want to act?

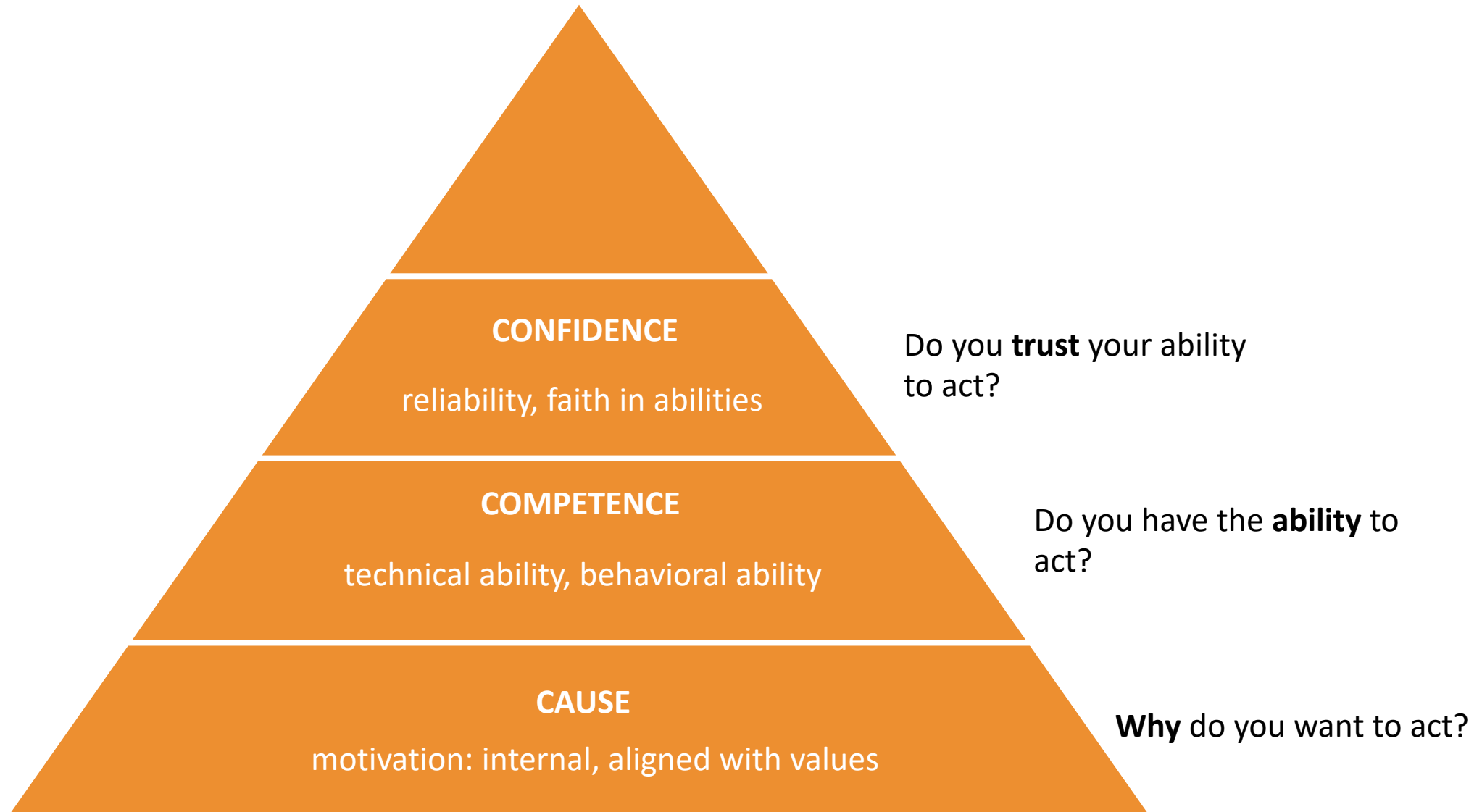
ABILITY TO BE
UNCOMFORTABLE.

ABILITY TO
FIGURE IT OUT.

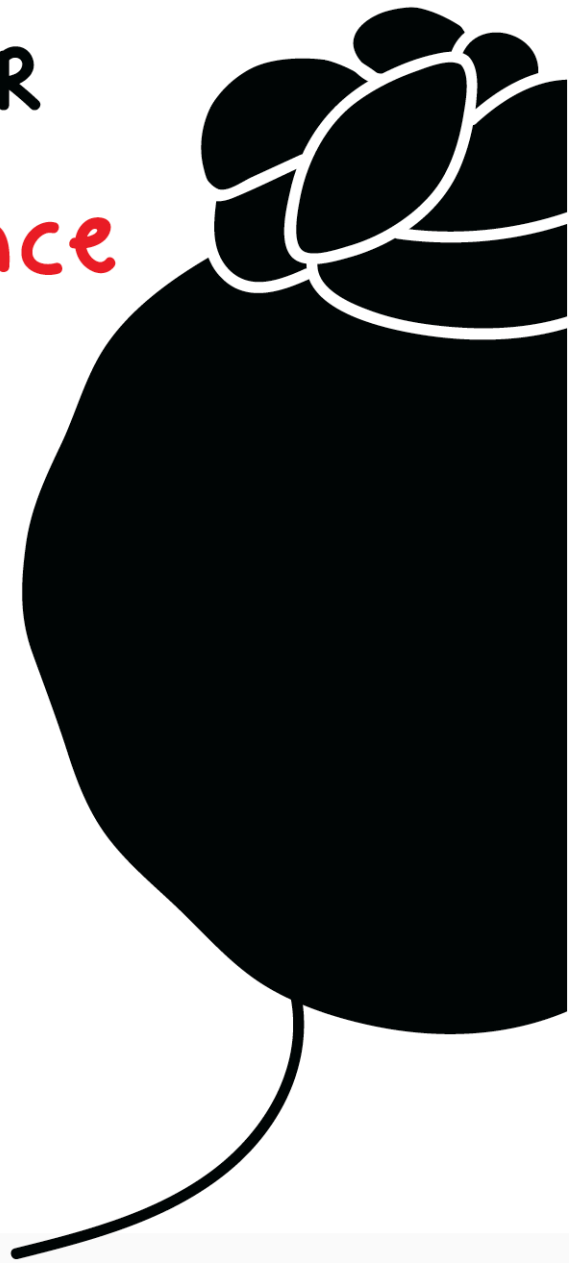


PAUL

“My boss doesn’t like me. That’s a fact. But, he’s never been able to question my work. Now, he’s using the pandemic to shoot down all of my ideas.”



Is your
confidence
as high
as your
topknot?



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RENAE

“My teachers are not coming to work. I have to shut the school down to protect the kids. But, the mayor and CEO of the school district are telling me not to.”

Decision

COURAGE
action

Are you **ready** to act?

CONFIDENCE

reliability, faith in abilities

Do you **trust** your ability to act?

COMPETENCE

technical ability, behavioral ability

Do you have the **ability** to act?

CAUSE

motivation: internal, aligned with values

Why do you want to act?

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MORE ON COURAGE

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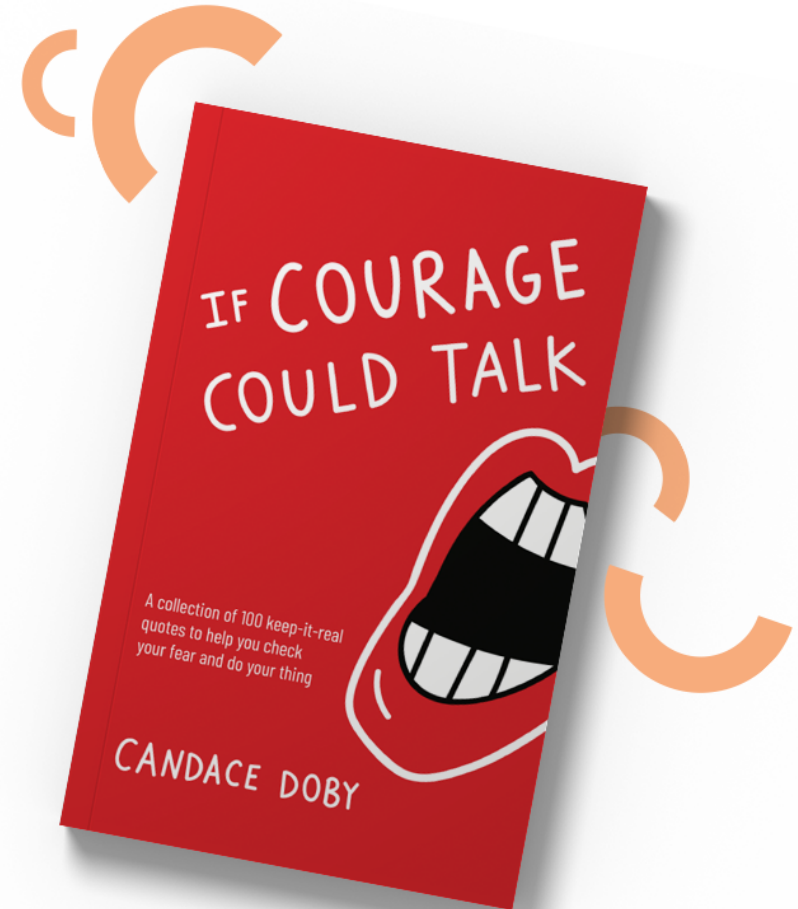
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GIVEAWAY

One person will receive
IF COURAGE COULD TALK.



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